

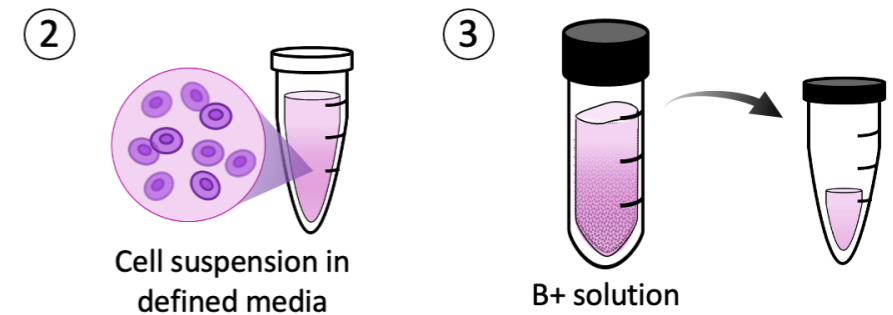
Preparations

- Use the table below to identify the gel type and corresponding components.

Gel type	Mechanical properties		Gel components (μL)			
	Stiffness (G')	Stress-relaxation (τ)	B+	F1 / F2	S1 / S2	DMEM
1	100 Pa	75 min	10	5 / 5		
2	100 Pa	1.1 days	10		5 / 5	
3	50 Pa	75 min	10	2.5 / 2.5		5
4	50 Pa	1.1 days	10		2.5 / 2.5	5

- Prepare cell suspension with defined media. Avoid the use of serum or conditioned media. Recommend cell concentration: $1-4 \times 10^6$ cells/mL

- Add 10 μL B+ in a vial. Adjust based on the ratio in the table.



Cell embedding

- Pipette mix 5 μL **F1** or **S1** with 10 μL **B+**.
- Pipette mix 5 μL cell suspension and the mixture from step 1.
- Pipette mix 5 μL **F2** or **S2** and the mixture from step 2.
- Immediately inject 5 μL of the mixture into each microwell.
- Incubate at **37 °C, 5% CO₂** for **60 minutes**.
- Overlay the entire insert with culture medium.
- Continue incubation at **37 °C, 5% CO₂**

